



Healthy minds, healthy lives, healthy communities

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Letter to the Editor:

Mental Health Partners expresses great sadness and sympathy for the loved ones and friends of two individuals who died by suicide in Lafayette recently. Each of these tragedies reflect how an individual's attempt to relieve unbearable mental anguish quickly ripples through the community, as reflected by recent media coverage.

We are here to help. Mental Health Partners has been serving all Boulder and Broomfield County communities for more than 50 years. As the nonprofit community mental health center and substance use treatment provider, we are accessible to all residents as a resource for expert care, treatment and support for a broad range of mental health and substance use concerns. Last year we provided direct care for more than 22,000 individuals.

We are a provider in partnership with state's Colorado Crisis Services. Our Walk-In Crisis Center at 3180 Airport Rd. in Boulder is open and available 24/7/365 with expert clinicians to provide confidential, in-person crisis support, information and referrals to anyone in need. Individuals and families are welcome and encouraged to walk in.

Similarly, anyone can access support via telephone by calling the Community Crisis Connection at 1-844-493-8255 (TALK) or texting TALK to 38255. Free and confidential, all calls are connected to a mental health professional who can help manage an emergency situation and provide immediate support or connections to further resources. More information is available at:

<http://www.communitycrisisconnection.org/>

In November, we opened an outpatient clinic in Lafayette at 1455 Dixon Ave., where we provide individual adult, child and family behavioral health care by appointment. Telephone 303-443-8500 to schedule an appointment. Our administrative headquarters are also located there. More information is available at <http://www.mhpcolorado.org/>

Additionally, we are offering an eight-hour Mental Health First Aid course on Friday, April 28, 8:00 a.m.-5:00 p.m. at our 1455 Dixon Ave. location in Lafayette. Community members can register at <http://www.mhfaco.org/findclass/>

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Chief Executive Officer