Last May, Office Services trainee Corrine C. spoke to The Breeze about her training position drawing to a close and her hopes and dreams for the future. Now, Corrine updates us on life after the internship . . .

For those of you new to my story, I was an office clerk at Mental Health Partners for almost a year. I had applied for this training position primarily to work on my punctuality - this had been a huge problem on previous jobs, and I wasn’t sure if I could show up on time consistently.

I said in May that I wanted to move on to “bigger things”. By that what I meant was a job that uses my art degree. After completing the internship (I was not only consistently on time, most of the time I was early!), I had the confidence to go for it. But, much to my dismay, employment specialists and agencies tended to be discouraging about finding a job in art, advising me to look in other fields and even refusing to help me look for an art job.

I am still in training, and it will be a couple months before I teach my first art class. I think part of me will always love office work, and I can always go back to that. But an opportunity in art is a rare gem that I am incredibly grateful for. And I am honored to have been hired!

A long while passed without much happening. I was becoming depressed and sleeping more than usual. Employment Specialist Lauren Riley encouraged me to keep looking, but I didn’t have the energy.

Finally, an opportunity arose. Michael’s (the arts and crafts store) needed a part-time drawing instructor/cashier. Just what I’d been waiting for! So, with Lauren’s assistance, I applied for the position.

The hiring process was long and arduous. First I had to be screened and certified. Next were submissions of drawing samples (I was told that I had to draw “simpler” as some of the classes were for beginners) and multiple interviews. Finally, after a couple months, I got the call that I was hired. I was so excited! I immediately had to phone my family to share the news . . .

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“My whole life has felt like a game of catching up to other people - I guess it really depends on who you compare yourself to . . .” - Corrine C.
Out and About With the RWC Social Club!

Dinosaur Ridge Discovery Day
Saturday, September 8th
Leaves RWC at 10:30 am
Learn about dinosaurs!
See fossils and footprints!
Sign up starts Wednesday 8/29!

Four Mile Historic Park
Friday, September 14th
Leaves RWC at 12:00 pm
Join us for a trip back in time to the beginning of Denver!
Sign up starts Wednesday 9/5!

Fall Foliage
Thursday, September 20th
Leaves RWC at 10:30 am
See the changing leaves!
Van Tour of the Mountains
Bring a lunch
Sign up starts Wednesday 9/12!

Flag Staff Summit Hike
Thursday, September 27th
Leaves RWC at 1:00 pm
Easy hike around the summit!
Sign up starts Wednesday 9/19!

Referral and orientation required for all new participants on Social Club outings
For more info, contact Cameron Smith (casmith@mhpcolorado.org)
# September 2018

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<th>Sun</th>
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<tr>
<td></td>
<td>2</td>
<td>3 Closed for Labor Day</td>
<td>4 Shrimp Tacos</td>
<td>5 Pancakes, Bacon, Eggs</td>
<td>6 Chicken Picatta</td>
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<tr>
<td>9</td>
<td>10 Grilled Salmon with Pesto</td>
<td>11 Ethiopian Lentils, Veggies and Injera</td>
<td>12 Pizza</td>
<td>13 Italian Meatballs</td>
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<td>17 Meatloaf</td>
<td>18 Stuffed Cheeseburger</td>
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- Vegetarian Options Available
- Lunch Served 11:30 am — 1:00 pm

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**Safe Harbor**

**Nondenominational Spirituality Group**

*Monday, September 10th at 10:45 am*

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**RWC Computer Lab**

- Twelve computers available for your use
- Computer support and instruction
- Print, copy, fax, and scanning services

*Open Monday - Friday 8:30 am - 4:00 pm*

RWC 1st Floor East

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**October Social Event Planning**

*Wednesday, September 12th 1:00 pm in the Computer Lab*

Help us choose the Social Events for October!

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**Benefits Open Hours**

Tuesdays: 9-11:30 am & 1-4 pm
Thursdays: 9-11:00 am & 2-4 pm

More info: 303-247-8750
The Breeze is a publication for clients, staff and friends of the Ryan Wellness Center, and is designed and printed at the RWC Computer Lab. For more info, contact Bruce Levy at 303-545-0835 (blevy@mhpcolorado.org)

May The Breeze be always at your back!