



# Community UPDATE

HEALING  
is our purpose.  
HELP  
is our promise.  
HEALTH  
is our passion

February 2019

## MHP Staff and Board Members Participate in CBHC's Capitol Hill Day

On January 16, 2019, Mental Health Partners participated in Colorado Behavioral Healthcare Council's (CBHC) Capitol Hill Day. The group of sixteen MHP representatives included MHP staff and board members who joined in CBHC's efforts to continue to develop support among legislators for behavioral health issues, reduce the stigma that surrounds mental illness, and protect and increase behavioral health funding. Capitol Hill Day participants watched the action on the floors of the elected officials from Boulder and Broomfield Counties' elected officials.

Those who attended the annual event noted it was a successful day, with elected officials appearing engaged and expressing interest in moving forward in key areas that ensure MHP is delivering services to our community in the most effective way as possible.



*The group of MHP representatives at CBHC Capitol Hill Day included MHP Board members Polly Swartzfager, Raquel Hinman, Molly Wittenberg and Tim Enwall [L-R], who attended a lunch where the state's new Lieutenant Governor Dianne Primavera and Attorney General Phil Weiser spoke.*

### CBHC Focuses for 2019:

1. Advancing legislation and a budget action for mental health providers efforts to combat the opioid crisis and to expand access to SUD services
2. Enhance legislators' understanding of the need to increase funding to recruit and retain behavioral health safety net workforce
3. Address the State's plan to freeze civil beds at Ft. Logan and Pueblo and alternatively supporting legislation for diversion and restoration within the criminal justice system
4. Increase funds for Mental Health First Aid training and the Zero Suicide initiative
5. Ask for support for upcoming legislation to consolidate oversight of behavioral health entities with the Colorado Department of Public Health and Environment.

## MHP's Transitional Residential Treatment Program Relocating to Warner House

In early 2019, Mental Health Partners' (MHP) Transitional Residential Treatment (TRT) will be relocated from its current location at their Withdrawal Management facility (3180 Airport Rd. in Boulder) to their Warner House location at 2833 Broadway, Boulder, CO 80304.

MHP's Transitional Residential Treatment is a live-in, self-pay treatment program for those recovering from substance abuse or dependence. It runs from four to six weeks and encourages a structured lifestyle. The new location will benefit client care in several ways: providing a more home-like environment; adds two extra beds; is closer to public transportation and downtown Boulder; and will pair it with MHP's respite program, which provides a similar level of care.

Read more on MHP Now: [www.mhpcolorado.org/now](http://www.mhpcolorado.org/now)

## Thank you, Congregation Har Hashem!



We are grateful to Congregation Har Hashem for selecting MHP's Warner House as one of their community projects for their annual Mitzvah Day. Volunteers, led by MHP Board Member Roxanne

Bailin, deep-cleaned the space. Earlier in the day, Maigan Oliver, MHP's Director of Forensic and Crisis Services, was asked to participate on their "Families in Crisis" panel.

If you would like a MHP staff member to present to your group on a specific topic, please contact Kristina Shaw, Marketing Director, at [kshaw@mhpcolorado.org](mailto:kshaw@mhpcolorado.org).





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To sign-up to receive information about MHP electronically, visit [www.mhpcolorado.org/community](http://www.mhpcolorado.org/community).

## 2.4 million SAMHSA grant provides supportive services to individuals exiting homelessness



Homeless Solutions for Boulder County (HSBC) has been awarded a 5-year, \$2.4 million grant from the U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration (SAMHSA) to fund services that help chronically

homeless individuals obtain and maintain stable housing.

These services, to be implemented by Mental Health Partners (MHP) in conjunction with the Boulder County Community Services Department, include case management, housing navigation, and behavioral health treatment. The project, known as Boulder County Pathways to Housing Stability, will leverage these supports by connecting them to existing resources for rental assistance to create new permanent supportive housing opportunities for individuals with long histories of homelessness and behavioral health needs. Funding will contribute to expenses related to MHP case managers, navigators, and supervisors.

Read the full press release on MHP Now:  
[www.mhpcolorado.org/now](http://www.mhpcolorado.org/now)

## Mark Your Calendars!

Join us for the 2nd annual mental health lecture series sponsored by Boulder Community Health Foundation, Mental Health Partners, Boulder Rotary and Boulder Valley Rotary.

All are free and held at the Boulder Jewish Community Center (6007 Oregon Avenue in Boulder). Reservations are required by calling 303-415-4212 or [bchlectures.org/mentalhealth](http://bchlectures.org/mentalhealth).

**February 18, 2019: Emerging Innovations in Mental Health Care**  
Presented by Matt Vogl, PhD, co-founder of CU Anschutz's National Mental Health Innovation Center, about how virtual reality and new technologies can improve access to mental health services.

**March 11, 2019: Overview of the new Della Cava Pavilion at Boulder Community Health**

Dr. Chris Reyburn, BCH physician, and Meredith Banasiak, M.Arch., EDAC, Senior Instructor in the Program in Environmental Design at CU Boulder, will discuss inpatient treatment and evidence-based design in mental health facilities.

**April 8, 2019: Understanding Traumatic Stress and Strategies to Help Children and Adults Heal**

Janine D'Anniballe, PhD, Director of Trauma Services at Mental Health Partners, will present on the impact of sexual abuse, domestic violence, and other traumas on a person's brain and body.

**May 13, 2019: Mental Health in the Elderly**

Speakers to be determined.