



# Community UPDATE

HEALING is our purpose.  
HELP is our promise.  
HEALTH is our passion

## MHP Clinician Receives Chief's Commendation Award from Broomfield Police Department



We are pleased to announce one of our clinicians, **Lucy Larbalestier**, has received the Chief's Commendation Award from the Broomfield Police Department for her work in their EDGE (Early Diversion Get Engaged) program. This award is given to an employee whose performance exceeds Department standards over an extended period of

time and who demonstrates zeal, obedience, and commitment to the high standards of police service. This is the first time an individual outside of the Broomfield Police Department has received this award.

*"Lucy's hard work and tireless dedication was critical in establishing the Broomfield Police Department EDGE program,"* said Chris Terry, Commander of Broomfield Police Department, Patrol Division. *"Thanks to her, mental health care is now better*

*integrated into our department's culture and we can provide a higher level of assistance to Broomfield community members."*

EDGE is a law enforcement and behavioral health co-response program that aims to prevent unnecessary incarceration and hospitalization of individuals with a behavioral health issue by diverting the individual into treatment. As part of her role as Program Supervisor, Lucy developed objectives and guidelines for the program, advised department staff on policies and procedures that takes sensitive and complicated nature of mental health into consideration and participated in countless meetings with police staff. Since its inception in April 2018, the program has assisted over 200 community members and over 50 Detention Center inmates.

*"Lucy has been a respected team member of MHP for over five years. She never fails to go above and beyond her responsibilities,"* said Maigan Oliver, MHP's Director of Acute and Forensic Services who oversees the EDGE program in Broomfield. *"We are proud of her for receiving this award and we value the relationship we have cultivated with the Broomfield Police Department and that community."*

## A MHP Success Story

*"May 6, 2016 my world changed when I walked into detox at MHP. I had been an opiate addict for a long time. I used to think that since a doctor was prescribing my drug of choice it was not a problem. Once I walked through the detox doors I realized that I had a major problem. I do not remember much of the first 3 days in the detox but once I started to come around and eat again, I realized I had hit my rock bottom. I will never forget the staff member, Jenna, and how she talked to me and helped me see how bad my addiction was. From there on my life changed. MHP helped me get into the extended stay in detox until a spot opened in TRT. I spent a total of 48 days in detox. While in detox Jenna would help*



*In January 2019, Ashley Kline joined Mental Health Partners' Withdrawal Management team. At orientation, she shared her story of how MHP saved her life and why becoming an MHP employee is her way of saying "thanks" and giving back.*

*me with assignments that helped me start digging into my addiction. The staff truly cared about me and my road to recovery. Once I finally moved over to TRT I was able to start therapy with Kim. I am probably one of the few clients that stayed for 6 months but it was totally worth it! Kim continued and still has help me with dealing with things I had been bury away for a very long time. Another thing that helped was that there was a meeting here at the faculty every day so I was able to attend various meeting like AA and NA. I spent about a total of 8 months at detox, so by the time I left I was ready for the real world. Without MHP I do not know where I would be today!! Thank you for being there for me!!"*

*- Ashley*



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to Mental Health Partners!



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**Mail To:** Mental Health Partners, 1455 Dixon Ave.  
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Or visit [www.mhpcolorado.org](http://www.mhpcolorado.org) and click on  
DONATE to contribute online.



To sign-up to receive information about MHP electronically, visit [www.mhpcolorado.org/community](http://www.mhpcolorado.org/community).



Janine D'Anniballe, PhD  
MHP Director of Trauma Services

### Did you know...

- 70% of adults in the United States have experienced a traumatic event at least once in their lives?
- More than 13 million people (5% of Americans) have PTSD at any given time.
- Women are twice as likely as men to develop PTSD

These figures underscore the prevalence of trauma in our country, the need to understand how it affects a person's brain and body and the importance of how treatment with an expert clinician can help resolve its impact on a person's life.

Learn about this, and more, during Janine D'Anniballe, PhD, MHP Director of Trauma Services, presentation during the 2nd Annual Mental Health Series sponsored by Boulder Community Health Foundation, Mental Health Partners, Boulder Rotary and Boulder Valley Rotary:

**April 8, 2019 at 6:30 pm**

Boulder Jewish Community Center: 6007 Oreg Avenue, Boulder  
The presentation is free but reservations are required by calling (303) 415-4212 or visiting [www.bchlectures.org/2019/03/mentalhealth/reg.html](http://www.bchlectures.org/2019/03/mentalhealth/reg.html)

### This Year, Be Tax-Wise About Your Giving

Surprised by your taxes this year? People who can no longer itemize have a couple of options if they want to see some tax-benefit from gifting in 2019: Some options to consider:

- "Bunch" your gifts for several years into one year. Rather than gifting a small amount each year, gift a large amount every few years so that the total of gifts and other deductions are larger than the standard deduction (\$12,200 single and \$24,400 joint), allowing one to itemize.
- Consider making a large gift to a Donor Advised Fund (DAF) in one year so the gift is large enough to allowing itemizing. Then annual gifts can be made from the Donor Advised Fund. (DAF's typically have minimum grant size and grants are often limited to public charities 501(c)(3)).
- People older than 70 1/2 can make donations directly from their IRA accounts to a public charity. These donations can count toward the annual Required Minimum Distribution (RMD). The donation must be made directly to the charity.

Mental Health Partners is a 501(c)(3) non-profit organization. If you would like to learn more about how your charitable contributions can be put to work in addressing mental health issues as well as prevention and education, please contact our Philanthropy office at 303-545-0842 or [philanthropy@mhpcolorado.org](mailto:philanthropy@mhpcolorado.org).