

# The Colorado Spirit Crisis Counseling Program

## at Mental Health Partners

The **Colorado Spirit Crisis Counseling Program (CCP)**, which is part of Mental Health Partners' outreach team, **provides support and resources for individuals and families** in Boulder and Broomfield Counties who have been impacted by the **COVID-19 pandemic**.



### Primary Goals of the Team

- Provide a supportive environment that develops **companionship, comfort, hope** and **resiliency**.
- Assist community members in **navigating available resources** for behavioral health, physical health, housing, food, caregiving, and other support.
- Provide **education on coping strategies** to reduce stress, anxiety and other mental health issues that have resulted from or been exacerbated by the pandemic.
- **Connect community members** with referrals or information about agencies, resources, and other sources of support.

### Our Promises to the Community

- Engage in **supportive check-ins** with individuals and groups in the community.
- **Promote resources**, general support and information on available services.
- **Host education events** on various mental wellbeing topics.
- **Build relationships with community** organizations and groups.
- Serve as a **referral source** and **linkage to resources**.
- Develop and distribute **digital and print educational materials**.
- **Connect** with the media, legislators, and key stakeholders.



### Connect with an Outreach Worker to assist you with the care you need.

**Call Our Warm Line: (303) 545-0852**

Leave a voicemail to receive information about resources or support. Messages will be returned within one-business day. This is not a crisis line or MHP's appointment scheduling line.



Visit: [mhpcolorado.org/community-outreach-team/](https://mhpcolorado.org/community-outreach-team/)



Join our **Facebook Group** by searching:  
**Broomfield and Boulder Community Outreach**



Follow us on Instagram: **@MentalHealthPartnersOutreach**



Scan the QR code to start downloading your Colorado Spirit Resource materials now!

Members of this outreach team are not clinicians or mental health providers. They are not able to diagnose or provide clinical mental health care but, rather, serve as an additional layer of support for understanding normal crisis reactions and navigating resource linkage.

**Contact Us:** Mental Health Partners of Colorado | [www.mhpcolorado.org](http://www.mhpcolorado.org) | 1455 Dixon Avenue, Suite 140, Lafayette, CO 80026 | Phone: 303-443-8500 | 20-10-301