

- O Other
- Send me information on bequests and deferred gifts for MHP.

Enclosed is my tax-deductible charitable contribution of: \$ (Make checks payable to MHP)

I would like to use my credit card to make this gift:

ACCOUNT #

Mail to: Mental Health Partners, ATTN: Philanthropy 1455 Dixon Ave., Suite 300, Lafavette, CO 80026 Or visit www.mhpcolorado.org and click on DONATE to contribute online.

To sign up to receive information about MHP electronically, visit www.mhpcolorado.org/community.



Mental Health Partners, ATTN: Philanthropy 1455 Dixon Ave., Suite 300 Lafayette, CO 80026



MHP

# Community UPDATE



Fall 2022

HEALING IS OUR PURPOSE. HELP IS OUR PROMISE. HEALTH IS OUR PASSION

#### **EMPLOYEE SPOTLIGHT**

Community Health Worker Jen Ramirez shares why she's so passionate about expanding access to resources in her community and breaking down barriers. PAGE 2

#### BRAVE, BOLD & BEAUTIFUL

MESA presents its 15th annual Brave, Bold & Beautiful fundraising event and 50th anniversary celebration on Thursday, October 20th. PAGE 3

#### **IEDI VALUES**

Learn how MHP is putting our mission into practice by adopting a set of Justice, Equity, Diversity, and Inclusion (JEDI) Values.

#### RECRUITMENT More Than a Job, It's a Mission

Are you passionate about helping accomplish our shared vision for Healthy Minds, Healthy Lives, Healthy Communities? Then consider joining the MHP team! You'll also enjoy these employee benefits and more:

- · Student loan repayment program
- Clinical supervision for licensure
- · Commitment to Justice, Equity, Diversity, and Inclusion
- Two comprehensive health insurance options (Kaiser & Cigna)
- · Work-life balance (We treat you like a human, not a number or resource!)
- Ability to contribute to a shared mission

Visit our website or scan the QR code for a current list of job openings!

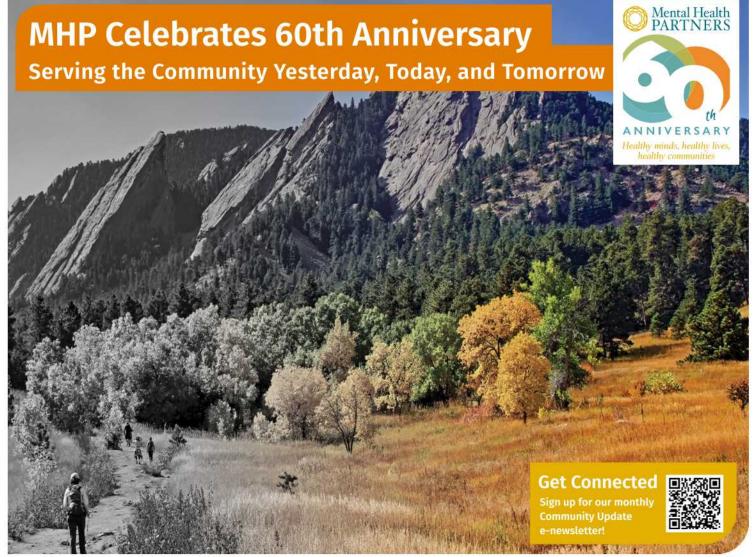




## NEWS **Ryan Wellness Center Computer Lab Reopens**

The Ryan Wellness Center Computer Lab is once again open to all clients of MHP by appointment only (walk-up slots not available at this time). The Lab provides clients with free access to the internet, email, Word/Excel, and other online services. We also have staff on-hand to help with online applications and to take photos for city bus passes. To reserve a time to use a computer, contact the lab at (303) 413-6260 or email ClientTechServices@mhpcolorado.org.





Connect with us: (303) 443-8500 www.mhpcolorado.org

MentalHealthPartnersCO ( @MentalHealthCO



As a 501(c)(3) nonprofit organization, Mental Health Partners relies on community support to help us provide convenient, affordable, and accessible mental health and addiction recovery services to individuals and families in Boulder and Broomfield counties. Together, we work towards a common vision of creating healthy minds, healthy lives, and healthy commi

# MHP Celebrates 60th Anniversary

### Serving the Community Yesterday, Today, and Tomorrow

Our story begins in November 1962, when we opened our doors as a mental health clinic. Our primary focus was and continues to be providing essential behavioral health treatment to those who would not have access to it otherwise. In the past six decades, we have seen our community through the era of JFK and impact of Dr. Martin Luther King, Jr., the 2013 floods, the COVID-19 pandemic, the Marshall Fire, the Table Mesa tragedy - and all the progress and obstacles in between. Through it all, we have strived to provide expert, compassionate, and personalized care from a team of multi-disciplinary and dedicated professionals.

In celebrating 60 years of service, we take a moment to reflect on our journey alongside our community. Adapting to an ever-evolving environment and incorporating advancements

in behavioral science, we have expanded our services, opened new and convenient locations, pioneered programs, and made a commitment to building a future that embodies equitable health and wellness for all.

Thanks to the tireless efforts of our colleagues, the support of our partners, and the generosity of our donors, we are celebrating our 60th anniversary all year long. Follow us on social media and sign up for our e-newsletter to stay informed about upcoming events, trainings, and opportunities to celebrate with us.

Thank you for your trust as your community mental health center. We are as strongly committed to our work as ever before, and we are deeply encouraged by the support we continue to receive from our community.



# **EMPLOYEE SPOTLIGHT:** Jen Ramirez

"Hello, I'm Jen and for the last 3 years I've served the Broomfield community as a Community Health Worker with MHP's Outreach team. As a longtime resident of Broomfield and a single mom of 3 who knows what it's like to experience housing insecurity, I understand first-hand the barriers people face when seeking help. This lived experience ultimately led me to where I am today and gave me a greater passion for breaking down

these barriers for others. I've been there before and I'm happy to be able to help others now.

As a CHW, I help individuals find and access resources while representing MHP out in the community. I have been honored to help over 2,400 individuals and connect over 300 people to behavioral health services in Broomfield since I started in 2019. One of the most rewarding aspects of my job is meeting people, listening to their unique stories, and creating long-term relationships built on trust with these individuals. Broomfield is such a tight-knit community, so it's amazing to work with other local organizations and compassionate residents who are all committed to working together to help people and provide resources to those who are most in-need.

In September 2022, I was honored to receive the Heart of Broomfield Healthcare Hero award from the Broomfield Community Foundation. During the Covid-19 pandemic, getting individuals connected to resources and services became more challenging than ever. But ultimately my job is to be a face in the community that people know and trust, so that's exactly what I did and will continue to do. Each day, I look forward to making a difference in my community."



# Over \$42,000 Raised for **Youth Suicide Prevention**



This year's 5th annual MHP Community Challenge raised over \$42,400 towards helping prevent youth suicide. Despite a cool and rainy start, 24 runners championed through 19+ miles for the **Boulder Skyline Traverse** Trail Challenge on Saturday, September 10th. We had terrific fundraising success with our virtual Couch and Bike Challenge participants as well!

These funds have already been put to good use. Since July 1st, MHP has provided suicide prevention training to 900 individuals and counting. We also recently presented mental wellness tools and suicide prevention strategies to 15 high-school students, preparing them for college. This is thanks to our wonderful participants, donors, volunteers, and sponsors!

## Save the Date! Colorado Gives Day Set for Dec. 6th



For 24 hours in December, Colorado comes together to support local nonprofits - and once again Mental Health Partners is excited to take part! Every gift to MHP is tax-deductible and helps us provide services to clients that would not otherwise be possible. On this day of giving, you can make a real difference.

# **MESA Hosts 14th Annual Brave, Bold & Beautiful**



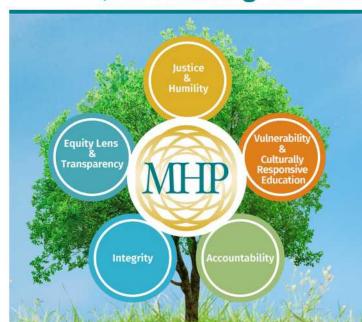
Moving to End Sexual Assault (MESA) presents its 14th annual Brave, Bold & Beautiful fundraising event and 50th anniversary celebration on Thursday, October 20th at 5:30 pm at Nissi's in Lafayette. The evening's luminaries include international expert Anne Munch as the featured speaker, award-winning writer and

activist Dominique Christina as the slam poet emcee, and live music by the Rebecca Folsom Band. Register: bit.ly/MESA-BBB.

MESA provides support and services to all survivors of sexual violence through a 24-hour hotline, in-person support, victim advocacy, and specialized support groups. Bring your family and friends to support MESA's important work and vision for the future of Boulder County.



# **JEDI: Sharing Our Commitment to Health Equity**



Health equity is achieved when everyone can attain their full potential for health and well-being. - World Health Organization

Healing is our purpose. Help is our promise. Health is our passion. This is the MHP mission. And for that mission to be fully embodied, it must be applied with justice and equity. As a community mental health center, we are responsible for and accountable to the complex behavioral health needs of the diverse populations of Boulder and Broomfield counties.

MHP is committed to health equity and intentionally focused on breaking down systemic barriers to care by partnering with and advocating for clients and community in support of population health, recovery, and resiliency.

To accomplish this goal with clients and community, we must also do this work at home.

In response to staff feedback and our ongoing immersion in leading scholarship, MHP is adopting a set of Justice. Equity, Diversity, and Inclusion (JEDI) Values to reflect and shape how we put our mission into action. We commit to Justice & Humility, Vulnerability & Culturally Responsive Education, Accountability, Integrity, and an Equity Lens & Transparency. Look for more about each of these values in forthcoming issues of this newsletter.