



Community Update

Healing is our purpose.
Help is our promise.
Health is our passion.



Celebrating BIPOC Mental Health Awareness Month



It is clear both overt and covert actions of racism impact the safety, health, and wellbeing of black, indigenous, and people of color (BIPOC) communities. When providing mental health care, it is important to understand the historical context and collective trauma from

the mistreatment of minoritized communities by the healthcare industry. As care providers, we must recognize this collective trauma and understand how it shapes the identities and perspectives of the communities we serve.

Acts of racism can take shape as “microaggressions,” which can be an act of prejudice towards the recipient. Experiencing microaggressions contributes to increased mental health stressors such as depression and anxiety, as well as physical health problems.

Mental Health Partners continues to invest and improve our delivery of culturally responsive care, in order to provide the highest quality and most inclusive mental health care.

[Read
More](#)

Mental Health By the Numbers

37.1% of Black Americans &
35% of Hispanic Americans

received mental health services in 2020, compared to 52% of White Americans.

**Less
than 50%**

of Black and African American adults with serious mental health conditions received treatment.

Sources: *National Institute of Mental Health, Little Otter Health*

Quote of the Month



Bebe Moore Campbell

"You live your life between your ears."

Bebe Moore Campbell

Mental Health & BIPOC Leader and Author

Bebe Moore Campbell is a substantial figure in equitable mental health care. Her work in advocacy and storytelling transformed, and continues to transform, the mental health landscape. On June 2, 2008, a bipartisan and bicameral Congress formally recognized July as Bebe Moore Campbell National Minority Mental Health Awareness Month, also known as BIPOC Mental Health Awareness Month.

News & Announcements

**Mental Health Partners Leading the Way:
Identifying Client Care Needs and Solutions with A.I.**



Clinical insights tool enters the U.S. market

Mental Health Partners is thrilled to announce its partnership with MaST, Holmusk, and Streamline Healthcare. **MaST is a software platform that uses predictive analytics to help healthcare professionals make decisions, including prioritizing individuals at risk of a mental health crisis.** The tool quickly identifies clinically relevant information within patient electronic health records (EHRs) faster than the human eye, helping providers make better decisions about how to allocate resources, enabling them to improve the quality of care while generating efficiency savings.

“We are ready to get started on the implementation of MaST into our practices, aiding our clinicians to more easily identify client care needs and solutions,” said Dixie Casford, co-CEO of Mental Health Partners. “This dynamic tool also enables us to extend beyond an evaluation process once limited to the sample size of our EHR. We can now leverage data digested from a sample set that extends across the world, better positioning us to more accurately identify markers that benefit treatment and furthering our mission to deliver the best possible care to our patients.”

[Read
More](#)

Let's Celebrate 60 years of service! RSVP Now!

Please join us for Mental Health Partners' 60th Anniversary Celebration

Open House & Ice-Cream Social

Join MHP's CEOs past and present in a special cake cutting at 5:00 p.m. with cakes from Nothing Bundt Cakes and Häagen-Dazs ice cream for all!

August 3, 2023, 4:00 - 6:00 PM
Ryan Wellness Center:
1000 Alpine Avenue
Boulder, CO 80304



Register by July 20
<https://bit.ly/60thsocial>

To celebrate **60 years** of serving our communities, Mental Health Partners is hosting a Community Open House and Ice-Cream Social!

When: Thursday, August 3rd | 4:00 - 6:00pm

Where: Ryan Wellness Center: 1000 Alpine Ave., Boulder, CO

Come early to visit with longtime friends; stay late to browse the **arts & crafts show** and sale featuring work by MHP's talented clients. Four MHPs executive directors/CEOs—past and present—will together cut the 60th Anniversary cake. Plus, there will be fun self-care activities, comfort dogs, a virtual scrapbook presentation, and more.

We will have **Nothing Bundt Cakes, Haagen-Dazs ice cream and root-beer floats for all!** Free RSVP is required:

RSVP Now

Help Save Lives



Save lives Salva vidas



Help save lives by joining our 6th annual fundraising event, [The MHP Community Challenge 2023](#). There are many ways to get involved: running, biking, volunteering, or even sitting on your couch! Do a Challenge and share with others. We are raising funds to provide no-cost lifesaving opioid overdose reversal spray (NARCAN) and suicide prevention education. Explore our event website to learn more about how you can make an impact!

Learn
More



Moving to End Sexual Assault (MESA) Hotline Volunteer Advocate Opportunity

Become a Hotline Volunteer Advocate for Survivors of Sexual Violence

Join us in igniting hope and empowering survivors in Boulder County by becoming a Hotline Volunteer with MESA

- Provide emotional support, information, and advocacy to those impacted by sexual violence through our 24-hour hotline and textline
- Provide in-person support and advocacy at hospitals, police departments, and court systems
- Develop skills and the language to speak out against rape culture



1455 Dixon Ave. Suite #210,
Lafayette 80026



40-hour Training Dates 2023

Summer training: July 24th - August 12th

Fall training: Oct 23rd - November 11th

Mondays, Wednesdays, Thursdays,
and occasional Saturdays



Apply today:

For more information:

Visit: movingtoendsexualassault.org/volunteer/

Email: info@movingtoendsexualassault.org

Call: 303.443.0400



Learn
More

MHP In The News

Holmusk and Streamline
Healthcare Solutions
Announce Strategic
Partnership To Bring

Juneteenth: past, present
and future

Artist: Dedication of King
Soopers memorial
sculpture at Museum of

Events & Trainings

Expand your mental health toolkit!

Don't miss out on these upcoming community activities, expert-led trainings, events, and more.



This training is offered to individuals who live or work in the City of Boulder free of charge, as part of a generous partnership with the City.

Question, Persuade, Refer (QPR)

The objective of QPR is to reduce suicidal behaviors and save lives by providing innovative, practical, and proven suicide prevention training. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. This course is open to anyone age 16 or older.

Date: Monday, July 17, 2023

Time: 12 - 1:30 PM

Location: Virtual

Language: English

Cost: Free

[Register](#)



We want to ensure that cost is never a barrier to education. Scholarships may be granted upon request to those who need them thanks to the generous philanthropic donations of community members. Email Trainings@mhpcolorado.org to inquire about pricing and upcoming offerings.

Applied Suicide Intervention Skills Training (ASIST)

ASIST is a two-day interactive workshop in suicide first aid. Participants learn to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. ASIST helps to build regional networks of trained caregivers who can support each other and use common terminology to approach suicide and safety.

Date: Tuesday - Wednesday, July 25 - 26, 2023

Time: 8:30 - 4:30 PM

Location: Ryan Wellness Center, 1000 Alpine Ave, Boulder, CO

Language: English

Cost: \$220

[Register](#)



Lafayette Monthly Mindfulness Activities

Our Community Health Worker team is hosting a number of upcoming events for all ages in Lafayette. These events are completely free and available to all community members, groups, businesses, and community organizations. Join us at the Lafayette Library the first Tuesday of the month (this month's was rescheduled due to the July 4th holiday!).

No registration required.

Date: Tuesday, July 18, 2023

Time: 3 - 5 PM

Location: Lafayette Public Library, 775 W Baseline Rd, Lafayette, CO 80026

Language: English

Cost: Free



Broomfield Monthly Mindfulness Activities

Our Community Health Worker team is hosting a number of upcoming events for all ages in Broomfield. These events are completely free and available to all community members, groups, businesses, and community organizations. Join us at the Broomfield Library each month on Fridays (dates vary)!

No registration required.

Date: Friday, July 21, 2023

Time: 2 - 5 PM

Location: Broomfield Public Library, 3 Community Park Rd, Broomfield, CO

Language: English

Cost: Free



Nederland Monthly Mindfulness Activities

Our Community Health Worker team is hosting a number of upcoming events for all ages in Nederland. These events are completely free and available to all community members, groups, businesses, and community organizations. Join us at the Nederland Community Library on the 4th Tuesday of each month!

No registration required.

Date: Tuesday, July 25, 2023

Time: 3 - 5 PM

Location: Nederland Public Library, 200 CO-72, Nederland, CO

Language: English

Cost: Free

Longmont Monthly Mindfulness Activities



Our Community Health Worker team is hosting a number of upcoming events for kids and teens in Longmont. These events are completely free and available to all community members, groups, businesses, and community organizations that support children and youth. Join us at the Longmont Library each month on Fridays (dates vary)!

No registration required.

Date: Friday, July 28, 2023

Time: 3 - 4:30 PM

Location: Longmont Public Library, 409 Fourth Ave, Longmont, CO

Language: English

Cost: Free



Kid Connects: Círculo Socio Emocional Para Preescolares de la Edad 3-5

Identificar y controlar las grandes emociones puede ser difícil, especialmente para los niños pequeños. Conectando a Niños en el Vecindario proporcionará un espacio para que los niños y los cuidadores aprendan a identificar emociones grandes y a hablar sobre maneras de manejar esos sentimientos. ¡Este será un tiempo interactivo divertido para que todos nosotros exploremos y expresemos nuestros sentimientos!

No es necesario registrarse.

Fecha:

- Jueves, 20 de julio
- Jueves, 27 de julio

Tiempo: 11 - 11:30 AM

Ubicación: Longmont Public Library, 409 Fourth Ave, Longmont, CO

Costo: Gratis



Kid Connects: Social-Emotional Circle Times for Preschoolers Ages 3-5

Developed by Kid Connects in the Neighborhood with Mental Health Partners, this program meets weekly and features a rotating cycle of activities, beginning with identifying emotions, and then how to cope with big feelings. Attend one or all.

No registration required.

Louisville:

Dates:

- Friday, July 7

Time: 10:15 - 10:45 AM

Location: Louisville Public Library, 951 Spruce St, Louisville, CO 80027

Language: English

Cost: Free

Lafayette:**Dates:**

- Monday, July 10, 17, 24, 31

Time: 10:30 - 11 AM**Location:** Lafayette Public Library, 775 Baseline Rd, Lafayette, CO**Language:** English**Cost:** Free**Longmont:****Dates:**

- Thursday, July 6, 13, 20, 27

Time: 10:00 - 10:30 AM**Location:** Longmont Public Library, 409 4th Ave, Longmont, CO 80501**Language:** English**Cost:** Free

Please check your library calendar in case of closures or staff meetings.



MHP is proud to partner with **Boulder County Community Services** to provide Mental Health First Aid (MHFA) training for adults and youth over the next 6 months for local government and community nonprofit service providers. Additionally, we will be offering monthly introductory Mental Health and Wellness sessions (in English, with simultaneous Spanish language interpretation), as well as monthly Question, Persuade, Refer (QPR), which is a 90-minute virtual suicide intervention and prevention training.

[See All Trainings](#)

More Than a Job, It's a Mission

MHP is looking for a Bilingual Spanish Therapist | Child and Families If you have a passion for empowering others to heal, check out this position. In this role you will provide direct services and assistance to clients. For details on certifications, [visit this webpage](#)

[Join Our Team](#)



Other Opportunities

Functional Family Therapy Outpatient | Licensed or Unlicensed Therapist

Senior Reach Therapist | LCSW

Connect With Mental Health Partners

Learn more about upcoming trainings and events, add skills to your wellness toolkit, get inspired, and stay informed on important local mental health news!

Follow Mental Health Partners on social media and connect deeper with your community mental health center. You can find us on [Facebook](#), [Twitter](#), [Instagram](#), [YouTube](#), [Reddit](#), and [LinkedIn](#).



Having trouble viewing this email? [View it on our website.](#)

[Unsubscribe marketing@mhpcolorado.org](mailto:marketing@mhpcolorado.org)

[Update Profile](#) | [Constant Contact Data
Notice](#)

Sent by mhpsocialmedia1962@gmail.com